

St. Paul Lutheran Church  
*Reflections*

March, 2020

Roberta Reynolds, Editor

**Annual Combined Ecumenical  
Church Service, March 8  
10 am Methodist Church**

(on 83 and Chestnut).

No service at St. Paul

**Loose offering will go to Church  
Without Walls.**

There will be a reception following.

Bring a friend and celebrate being a Christian in  
East Longmeadow.



**Daylight Saving Time begins March 8!**



**Thursday morning Bible Study** is going BROWN BAG! Bring your lunch and we'll explore the Word during Lent. 10am – noon (we'll start eating around 11:30). February 27; March 5, 12, 19, 26, and April 2. (I will provide lunch on April 2 – it's my birthday!) There will be coffee/tea here, and some dessert items ☺

This study will concentrate on HYMNS, so we will read, and sing, and pray, and eat!



**The Reverend Steven Wilco, Associate to the Bishop** for our area, will be preaching **Sunday, March 15**. He will begin a conversation about our mission and future after service during our coffee hour.



**Palm Sunday – April 5, 9:30 am**  
**The Passion in words and music.**

**Maundy Thursday – April 9, 6:30 pm with**  
**Holy Communion. The choir will sing.**

**Good Friday – April 10, 6:30 pm**  
**Contemplative service of music and word,**  
**with a special art presentation.**

**Easter Sunday – April 12**  
**Sunrise Service 6:30 am**  
**Festival Service 9:30 am**  
**Easter Egg Hunt for Children and brunch**  
**buffet in the gathering space after service.**

# SUNDAY SCHOOL

## 2020 DATES

Sunday School will take place during the Sunday service with children returning for communion with parents. Following are the dates:

March 1 & 15

April 5 (Palm Sunday) & 19

May 3 & 17 (Last Sunday)

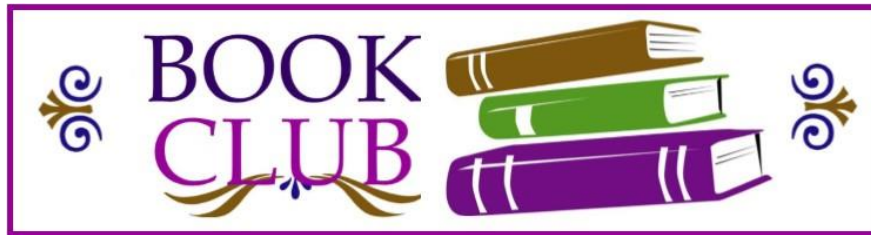


**Is your pledge up to date?** Please consider giving generously, so that St. Paul can meet its financial obligations.



The Endowment Committee anticipates awarding scholarships in 2020. Eligible for these scholarships are all members of the St. Paul Lutheran Church who are currently enrolled or who will be enrolled in full-time post-secondary education programs; undergraduate; seminary; nursing or medical school; plan on attending a religious camp or religious training or development.

Applications are located on our website, in this newsletter, and in the publications rack by the name tags. All applications must be returned to the church office by Thursday, April 30, 2020 in order to be considered.



### Updated Book Club Schedule

St. Paul Book Club will meet at 7:00 p.m. at the church on the first Monday of each month, except in June, when we will meet on the second Monday of the month. Please join us for any or all of our meetings. Bring a friend, too. Contact Nancy Janes if you have any questions.

This is our revised schedule:

March 2	<u>Lilac Girls</u> by Martha Hall Kelly
April 6	<u>All the Beautiful Girls</u> by Elizabeth Church
May 4	<u>Commonwealth</u> by Ann Patchett
June 8	<u>Where the Crawdads Sing</u> by Delia Owens



### It's in the Bag!

For this year's Easter food baskets, the Outreach and Service Committee will be collecting food for Easter food baskets. Each Sunday, beginning February 23, we will distribute paper bags to the congregation. The bags will be labeled with a type of food we would like you to bring to the church the following Sunday. We will place a basket for your food contributions in the gathering space. The final collection date is March 29. To supplement your contributions, we will shop for perishable food items and other staples to place in the baskets. We also welcome monetary contributions.

Although we welcome all non-perishable food items, suggested items for each week are listed below.

- March 1   canned fruit, including pineapple
- March 15   canned sweet potatoes or other canned vegetables
- March 22   boxed macaroni and cheese or canned baked beans
- March 29   desserts, such as cupcakes and cookies

Thank you for your support of this important outreach program.



This Lent, our congregation joins ELCA World Hunger as we journey with our neighbors in hope for a just world where all are fed.

Did you know....

\$2 per day is more than what 10% of people around the globe live on.

\$200 provides a community with agricultural tools, supplies and training to reduce food insecurity.

\$2,500 provides a community with a water well and access to clean drinking water.

Let's use our coin jar wrapper to help us remember to empty our pockets daily for World Hunger.

## WEEK FOUR:

# Hope for creative and courageous leadership

*California*

For Jamie Stark, a lay mission developer in the Bay Area of California, that call to play a role in God's plan began when he first learned about Holy Communion and the idea of "food as a gateway to God." Inspired by the work he saw in El Salvador, Jamie moved to the Bay Area and co-founded Farming Hope, a farm-to-table job-training nonprofit organization, which is supported by ELCA World Hunger and the Sierra Pacific Synod of the ELCA. Farming Hope provides transitional employment and job training to unhoused and low-income people in the community. As part of the program, participants learn to farm, grow and cook food – job skills and life skills that can help them earn a living to support themselves and their families. Farming Hope works with hiring partners to hire graduates of the program after they complete it.

Farming Hope might not look like a church, but as Jamie describes it, "it is a holy place," a place where relationships are formed and community is nurtured



while basic vocational needs are met. Jamie's vision of food as a gateway to God and the restoration of relationships that God intends is at the core of Farming Hope's work. "When I sit at the table at Farming Hope's restaurant in San Francisco (Manny's), if I open my eyes, I see communion exactly as Jesus of Nazareth intended it to be – friends, eating intentionally ... we're all welcome."

For Jamie, seeing Holy Communion for what it was – a table at which all are welcome – and being inspired by the work he witnessed in El Salvador fostered hope that, by focusing on relationships built through food, Farming Hope could create opportunities for both jobs and community in San Francisco.



# March

## 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
8:30 am Adult Fellowship 9 am Christian Hope <b>9:30 am Worship/ Sunday School</b> 11:30 am Kingdom Embassy	7 pm Book Club	10 am Sunshine Village 7 pm Kingdom Embassy	10 am Sunshine Village 7 pm AA 7 pm Christian Hope	10 am Bible Study 6:45 pm Boy Scouts 7 pm Choir @ Methodist Church	7 pm Christian Hope	3 pm Boy Scouts
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
9 am Christian Hope <b>10 am Combined Worship @ Methodist Church</b> 11:30 am Kingdom Embassy		10 am Sunshine Village 11:30 pm Senior Group @ Panera 6:15 pm VASA 7 pm Kingdom Embassy	10 am Sunshine Village 7 pm AA 7 pm Christian Hope	10 am Bible Study 5:30 pm Girl Scouts 6:45 pm Boy Scouts 7 pm Choir	7 pm Christian Hope	Hall in use 1:30-3:30 pm 4 pm Christian Hope
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
8:30 am Adult Fellowship 9 am Christian Hope <b>9:30 am Worship/ Sunday School</b> 11:30 am Kingdom Embassy		10 am Sunshine Village 7 pm Kingdom Embassy	10 am Sunshine Village 7 pm AA 7 pm Christian Hope	10 am Bible Study 6:45 pm Boy Scouts 7 pm Choir	6 pm Cub Scouts 7 pm Christian Hope	3 pm Christian Hope
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
8:30 am Adult Fellowship 9 am Christian Hope <b>9:30 am Worship</b> 11:30 am Kingdom Embassy	<b>6 pm Executive Committee</b> <b>6:30 pm Council</b>	10 am Sunshine Village 7 pm Kingdom Embassy	10 am Sunshine Village 7 pm AA 7 pm Christian Hope	10 am Bible Study 5:30 pm Girls Scouts 6:45 pm Boy Scouts 7 pm Choir	7 pm Christian Hope	3 pm Christian Hope
<b>29</b>	<b>30</b>	<b>31</b>				
8:30 am Adult Fellowship 9 am Christian Hope <b>9:30 am Worship</b> 11:30 am Kingdom Embassy		10 am Sunshine Village 7 pm Kingdom Embassy				<b>Kp-fit on back</b>



**MARCH 2020 Kp-fit Schedule,**  
[kellyphillipskpf@gmail.com](mailto:kellyphillipskpf@gmail.com)

Like Kp-fit and Totally Adaptive Fitness on FB, [kp-fit.com](http://kp-fit.com)  
St Paul Lutheran Church, 181 Elm St, EL  
Pay by the class, OR, Kp-fit REWARDS:  
Purchase 10 class pack for \$55

**ALSO TRY: TOTALLY ADAPTIVE FITNESS Classes**  
(adaptive classes for EVERYone!)  
Pls note: Slight price increase on Kp-fit Classes. All  
Adaptive classes remain \$5  
**ASK ABOUT THE KP-FIT 2020 CHALLENGE and start**  
**2020 off as your best year yet!**

**Monday**

6-7am REFLEKSIV Yoga \$11 drop-in or  
Rewards  
5:15 pm - 6pm Special Olympics Adaptive  
Refleksiv Yoga  
6:15pm - 7:00pm - Zumba/Zumba  
Toning (New time begins Jan 6)

**Tuesday**

4:15 -5pm TRX STRENGTH \$7 drop-in or  
/rewards  
5:15- 6pm ADAPTIVE TRX STRENGTH, for  
those w/ physical/intellectual challenges, \$5  
Drop-in, *Support person required to stay, and*  
*may workout for FREE!*  
6:05- 6:30PM LAUGHTER YOGA! \$6 drop-in or  
rewards

**Wednesday**

6am - 7am TRX BOOTCAMP \$11 drop-in  
or/rewards

**Thursday**

4:15 - 5:00 pm-(Kp-fit TRX STRENGTH, \$7  
drop-in or rewards  
5:05 - 5:50 pm - REFLEKSIV Yoga \$7 or  
/rewards

**Friday**

5-6am TRX BOOTCAMP , \$11 drop-in or  
rewards  
6-7am REFLEKSIV Yoga \$11 drop-in or  
/rewards

**Saturday**

7-8am REFLEKSIV Yoga \$11 drop in or  
Rewards  
8:30 - 9am Adaptive Movement for PREK/K (a  
little older or a little younger ok too) \$5  
ZUMBA for EVERYbody! - Monthly FREE!  
Zumba March 14, 1:30-3:30 pm

**Sunday**

5:15-5:45pm BEGINNERS CLASS \$7 or mthly  
/rewards  
5:45 - 6:15pm BEAT! Rhythmic drumming to  
super fun music! \$5  
6:30-7:15pm Adaptive REFLEKSIV YOGA \$5  
(pls bring a helper if needed - helpers are  
FREE)



Ime Akpan  
Madison Corcoran  
Joyce Donovan  
Ryan Donovan  
Peri Fessenden  
Pete Fessenden  
Nancy Janes  
Carl Janovsky  
Dorothy Kowaleski  
Gail Manning  
Sandy Porcelli  
Julie Stark  
Mallory Tonsing  
Karen Webber  
Rick Webber



The Senior Group will be meeting on Tuesday, March 10 at 11:30 am at Panera Bread in E. Longmeadow. Bring your ideas for future meetings. Please note the date has been changed due to primary elections on March 3.

## LWR Noisy Coin Collection Every 4<sup>th</sup> Sunday



Empty your pockets and purses of loose change for Lutheran World Relief. As of February, the NCC will be going to Lutheran World Relief. This was voted upon at the annual meeting to change to LWR from ELCA World Hunger.

### *Prayer List*



Chris Anderson  
Chris  
Janet Davies  
Donna  
Ruth Hunter  
Carl Janovsky  
James Kolkoski  
Dorothy Kowaleski  
Jim McKnight  
Tim Palmioli  
Cathy Runquist  
Tom Sutherland  
Eugene & Marge Walz  
Jeremy Webb



## ***EASTER LILIES***

*Once again the altar area will be decked with lilies on Easter Sunday. The cost will be \$11.00 per plant. You may remove your plants to take home after the 9:30 a.m. Service of Worship on Easter Sunday.*

*Please fill out this form and return to the church office along with payment (\$11.00 per plant) by **Sunday, April 5**. Make checks payable to St. Paul Lutheran Church.*

*Name(s)* \_\_\_\_\_

*Number of plants* \_\_\_\_\_

*Designation in bulletin:*

*The altar flowers are given to the Glory of God*

*In memory of* \_\_\_\_\_  
*and/or*

*In honor of* \_\_\_\_\_



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*and/or*

*In honor of* \_\_\_\_\_





**Love. Grow. Serve.**

## Ministry Volunteers March & April 2020\*

<b>Date</b>	<b>Council Person/Day</b>	<b>Acolyte</b>	<b>Worship Assistant</b>	<b>Lector</b>	<b>Ushers</b>
<b>1-March</b>	Betty Hrdlicka		Dave Melanson	Sandy Porcelli	Ed Lempke and Elke Simmons
<b>15-March</b>	Russ Wirtalla	Will	Dale MacDonald	Joyce Donovan	Joyce and Bill Donovan
<b>22-March</b>	Betty Hrdlicka	Brittney	Mike Shaw	Alan Dickinson	Sandy Barbeau and Don Cheetham
<b>29-March</b>	Joan McPartland		Mike Shaw	Joan McPartland	
<b>Palm Sunday 5-April</b>	Sandy Porcelli				
<b>Easter 12-April</b>	Bill Donovan				
<b>19-April</b>	Pam Fant				
<b>26-April</b>					

\*Please email Roberta at [stpaul@stpauelong.org](mailto:stpaul@stpauelong.org) with any updates.

SCHOLARSHIP APPLICATION

**St. Paul Lutheran Church**  
**Mission Endowment Fund**

All members of the St. Paul Lutheran Church, East Longmeadow, Massachusetts, who are currently enrolled or who will be enrolled in full-time post-secondary education programs; undergraduate; seminary; nursing or medical school; plan on attending a religious camp or religious training or development may apply for Mission Endowment Fund scholarships. The Mission Endowment Fund Committee will review applications in accordance with endowment guidelines. Your completed application should be returned to the church office by April 30, 2020, in order to be considered. The Mission Endowment Fund Committee will provide disbursement recommendations to the Congregation Council for their approval. If a recipient fails to matriculate or utilize the funds as intended within a calendar year of distribution, the scholarship funds should be returned to St. Paul to be redeposited into the Mission Endowment Fund.

**I. BIOGRAPHICAL INFORMATION**

Name: \_\_\_\_\_

Home Address: \_\_\_\_\_

Telephone Number: \_\_\_\_\_

Email Address: \_\_\_\_\_

School Attending: \_\_\_\_\_

School Address: \_\_\_\_\_

School Telephone: \_\_\_\_\_

Anticipated Graduation Date (Year): \_\_\_\_\_

Degree Sought: \_\_\_\_\_

Major: \_\_\_\_\_

List of courses you are currently taking:

## II. REFERENCES

Please list two references, complete with address and telephone number. One reference should be a teacher, professor, academic advisor or Dean at the school you are currently attending or, in the case of high school seniors, from which you are graduating. In the case of those applying for religious education or camp please choose an appropriate reference such as your Christian Education teacher or fellow Committee member.

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Name

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Name

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Address

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Address

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City State  
Zip

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City State  
Zip

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Telephone

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Telephone

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Job Title

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Job Title

## III. CHURCH ACTIVITIES:

Please list all church activities in which you have participated as a member of St. Paul Lutheran Church, East Longmeadow. If you have recently joined St. Paul, please also list activities in which you participated while a member of your former congregation and provide the name of that church.

## IV: OTHER ACTIVITIES

Please list all volunteer, community and work activities in which you have participated.